

# MORULAGANYI & MOSUPATSELA WA POELOMAEMONG YA THULAGANYO YA GO RUTA YA NGWAGA (TRN/ATP)

2021 - 2023



**PUO YA GAE: SETSWANA**

**MOPHATO**

**3**

**KGWEDITHARO**

**2**

Go thusa barutabana le barutwana go fitlhelela dithuto tse ba saletseng kwa morago ka tsona, go nna bomankge ba diteng tse dintshwa, le go nna le dikgono tsa bokamoso.



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- Ka kopo, itse gore lenaneo le le rulagantsweng la go ithuta la Puo ya Gae Setswana, le akaretsa lenaneothuto la letsatsi lengwe le lengwe, dibukakgolo, matlharetiro a puiso le didiriswa tsa ka mo phaposing di teng, go ka itseelwa mo go: [www.nect.org.za](http://www.nect.org.za)
- E ke website e e sa duediseng, ka jalo ga go na ditshenyegelo tsa data go itseela se o tla beng o se tlhoka.
- Lokwalo lo, lo ka dirisiwa ka nosi kwantle ga lenaneo le le rulagantsweng la go ithuta.



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# **Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)**

## **Puo ya Gae: Setswana**



## **Mophato 3 Kgweditharo 2**



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# Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotle go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go 'ithuta go buisa.'

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

**Setlhophha sa NECT sa Puo ya Gae**

# Ditlhokego tsa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 4 ya poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Mo tshelong nngwe le nngwe ya dibeke tse 2x5, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriswa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PALOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	Mophato 3	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

## Dikgono tsa Puo ya Gae

- Poelomaemong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

## Diteng tsa Puo ya Gae

- Tshoko nngwe le nngwe ya dibeke tse pedi, barutabana ba tshwanetse go tlhopha thitokgang.
- Thitokgang e, e tlhalosa diteng tsa modikologo oo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
  - Tlotlofoko** e e rutilweng, sekai: **buisa, golaganya, ithuta, China, mophato wa boraro jalojalo**, jalojalo.
  - Diraeme kgotsa dipina** tse di rutilweng, sekai: **Ke rata go buisa le go kwala**
  - Kgang ya **puisokopanelo** e e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa boraro mo Aforika Borwa le China**
  - Tirwana ya go kwala** e barutwana ba tshwanetseng go e dira, sekai: **Kwala ditemana tse 2 ka se barutwana ba se dirang mo Aforika Borwa le kwa China.**

## Medumopuo le Puisokaello ka Ditlhophha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaello ka ditlhophha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.
- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.



Tlanya re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 3 Kgweditharo 2:

<b>TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 3 KGWEDITHARO 2</b>	
<b>GO REETSA LE GO BUA</b>	
<b>1</b>	Tlotla ka maitemogelo a gago a botshelo. Sekao, o tlotle dikgang o thadisa maikutlo le kakanyo
<b>2</b>	Reetsa dikgang, maboko le dipina le go tthagisa maikutlo ka ga kang, maboko kgotsa dipina o neela mabaka
<b>3</b>	Reetsa tatelano ya ditaello tse di raraaneng le go di tsibogela ka tshwanelo
<b>4</b>	O dirisa setlhogo le ditshwantsho go dira ponelopele ya se se tla diragalang.
<b>5</b>	O tlhalosa le go bapisa didiriswa
<b>6</b>	Batla lebaka le tatelano mo kgannyeng o dirise mafoko a a kopanyang polelo jaaka 'ka gone'
<b>7</b>	Tshitsinya tharabololo ya mathata
<b>8</b>	Dirisa puo go batlisisa le go utulola mabaka jaaka ka go tshitsinya mafoko a a refosanang, sekao, "Ke akanya gore go ne go ka nna...", "fa go le jalo...go..."
<b>9</b>	Botsa dipotso go batla tlhaloso, go rulaganya le go bona tshedimisetso ka ga tirwana
<b>10</b>	Reetsa dikgang lobaka lo lo leele ka kgatlhegelo
<b>11</b>	Anela kang e khutshwane ka tshobokanyo e e bonolo le baanelwa ba ba farologaneng.
<b>12</b>	Sekaseka, tshwantshanya le go bapisa tshedimisetso jaaka mekgwa ya go ja ya bana le ya ditshwene
<b>13</b>	Tlhaloganya le go dirisa puo e e maleba ya dirutwa tse di farologaneng
<b>14</b>	O reetsa le go itlhamela metlae le dithamalakwane
<b>15</b>	Nna le seabe mo dipuisanong tsa ditlhopho le tsa ka mo phaposeng, mme o abelana ka dikakanyo.

<b>MEDUMOPUO</b>	
<i>Ntlha go morutabana:</i>	
<ul style="list-style-type: none"> <li>• <i>Netefatsa gore o aga le go kgaoganya mafoko:</i> <ul style="list-style-type: none"> <li>• <i>Ka kutlo (temogo ya medumopuo)</i></li> <li>• <i>Ka kutlo le ka pono (medumopuo)</i></li> </ul> </li> </ul>	
<b>1</b>	Lemoga le go dirisa mafoko a a rumang mmogo mo dinokong sk. noka, roka, leka
<b>2</b>	Bopa mafoko a a nang le ditlhaka di le 3, 4, 5 o dirisa ditumammogo le ditumanosi tsa ditlhaka tse di pataganeng tse di dumisiwang mmogo tse di rutilweng mo kgweditharong e.
<b>3</b>	Peleta mafoko ka nepo o dirisa kitso ya medumopuo
<b>4</b>	<b>Lemoga le go buisa:</b>
<b>a</b>	Lemoga gore medumo mengwe e ka emelwa ke tlhopho ya mepoleto e e farologaneng, sekao.: <ul style="list-style-type: none"> <li>• <i>podi le pula</i></li> </ul>
<b>b</b>	Lemoga gore mopeleto o o tshwanang o ka emela modumo o o farologaneng: sk.: noka [noka e a tshologa]; [Mme o tshwerwe ke noka]
<b>c</b>	Dirisa mafoko a a kapodisiwang/dumisiwang ka go tshwana mo dipolelong tse di kwadilweng mme a na le bokao jo bo farologaneng (makwalotshwano) sekao: Nama mo go: Mme o ja nama / Nama maoto
<b>d</b>	Ditumammogo le ditumanosi tse dintšha tse di rutilweng mo mophatong wa 3

## MOKWALO

- 1 Dirisa didiriswa tsa go kwala ka nepo
- 2 Kwala polelo sentle le ka nepo mo mokwalokgatisong le mokwalo o o tshwaraganeng
- 3 Mofuta wa mokwalo o tla newa tshedimosetso ke pholisi ya mokwalo ya sekolo kgotsa ya porofense
- 4 Bopa ditlhakakgolo le ditlhakanye tsotlhe ka nepagalo le ka gangwe mo mokwalong o o tshwaraganeng
- 5 Kwalololela mafoko le dipolelo ka nepagalo mo mokwalong o o tshwaraganeng
- 6 Kopolola mafoko ka nepagalo go tswa mo metsweding e e farologaneng
- 7 Kwala ka lebelo le le oketsegileng mo mokwalong o o tshwaraganeng
- 8 Fetogela mo mokwalong o o tshwaraganeng mo dikwalong tsotlhe tse o di kwadileng
- 9 Dirisa didiriswa tsa go kwala ka nepo sk. diphensele, sephimodi le sethaleli
- 10 Kwalolola mafoko le dipolelo ka nepagalo ka mokwalo o o tshwaraganeng
- 11 Dirisa popo ya ditlhaka e e nepagetseng mo tirong yotlhe e e kwalwang, sekao: go tswa mo patitšhokong, dikarata tsa mafoko jj. le go, ke gore, letlha, leina la gago le setlhangwa sa gago

## PUISOKAELO KA DITLHOPHA

### **Ntlha go morutabana:**

- *Baya barutwana ka ditlhopho tsa bokgoni jwa bona jwa go buisa.*
- *Tlhopho ditlhangwa/dibuka tsa maemo a a nepagetseng a setlhopho.*
- *Reetsa mongwe le mongwe wa setlhopho a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.*

- 1 Buisa ka setu le kwa godimo go tswa mo bukeng ya gago mo puisokaelo ka ditlhopho le morutabana, ke gore, setlhopho sotlhe se buisa kgang e le nngwe mo kगतong ya puisokaelo le setlhopho
- 2 Dirisa medumopuo, mo bokaong jwa dikgono tsa temogo ya popego ya mafoko fa ba buisa ka setu le kwa godimo
- 3 Dirisa ditogamaano tsa go itshiamisa fa o buisa: go buisa gape, go kgaotsa le go ikatisa go bua lefoko pele ga ba le buela kwa godimo
- 4 Itokole fa o buisa, o lemoge le go tlhaloganya mafoko
- 5 Dirisa ditshwantsho le dikaelo mo setlhangweng go godisa go tlhaloganya
- 6 Bontsha go tlhaloganya matshwao puiso (khutlo, letshwao la potso, letshwao la tsiboso, letshwao la ditsejwana) fa o buisetsa kwa godimo.
- 7 Buisa ka thelelo e e oketsegileng le go tlhagisa maikutlo

## PUISO KA NOSI

- 1 Buisa ka bowena: dikgang tse di bonolo le dibuka tse di tswang kwa sekhutlwaneng sa go buisa, mo maamong a puiso le a go rutiwa a morutwana ka nosi.
- 2 Buisetsa tsala ya gago kwa godimo
- 3 Buisa mokwalo wa gago le wa ba bangwe

## PUISOKOPANELO

- 1 Buisa ditlhangwa tse di godisitsweng ka mo phaposing le morutabana/ reetsa le go latela fa morutabana a buisa buka
- 2 O tthalosa moanelwamogolo le kakanyokgolo
- 3 Buisana ka tatelano ya ditiragalo, maitshetlego le kamano ya lebaka le tatelano
- 4 Dirisa tshedimose tso go tswa mo ditlhangweng tsa dithalo (sk. go tsamaya mo tikologong ya sekolo o latela dikaelo tsa mmepe)
- 5 Araba dipotso di le dintsi tsa maemo a a kwa godimo
- 6 Ba dirisa mananeo a diteng, tshupane le nomore ya tsebe go batla tshedimose tso
- 7 Batla le go dirisa metswedi ya tshedimose tso jaaka ditokololo tsa mo motseng, mo dibukeng tsa kwa laeboraring)
- 8 Dirisa mafoko a a botlhokwa le ditlhogo go batla tshedimose tso mo dikwalong tsa ditiragalo tse di nang le nnete

## GO KWALA

### **Ntlha go morutabana:**

- *Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha, go siamisa le phasalatso).*
- *Naya lelhomeso la go kwala go thusa barutwana go kwala dikgang tsa bona.*

- 1 O tsaya karolo mo dipuisanong tsa go tlhopha setlhogo sa go kwala
- 2 Itlhamela lenaane le thanodi ya mafoko o dirise tlhaka e e simololang lefoko
- 3 Buisetsa tsala kgotsa setlhopha mokwalo wa gago
- 4 **O fetsa tiro ya go kwala, go akaretsa go rulaganya, kwalo ya ntlha le go phasalatsa:**
  - a Kwala kgang ya gago kgotsa kgang e e sa tlwaelegang, kgotsa go itlhamela dipolelo di le lesome
  - b Kwala bonnye ditemana tse pedi tsa dipolelo tse 10 (jaaka. dikgang tsa gago, kgang ya boitlhamedi)
  - c Kwala le go thala ditshwantsho go nna le seabe mo bukeng ya laeborari ya phaposi
  - d Kwala tshekatsheko ya buka e e bonolo
  - e Kwala bukatsatsi mo sebakeng sa beke o kwale maemo a bosa le tshedimose tso nngwe fela
- 5 **Lemoga le go dirisa puo ka nepagalo, go akaretsa:**
  - a Maina, matlhaodi, lediri le matlhalosi ka nepagalo
  - b Dirisa thutapuo e e nepagetseng gore ba bangwe ba kgone go buisa le go tlhaloganya se se kwadilweng
  - c Dirisa kitso ya medumopuo le melawana ya mopeleto go kwala mafoko a a sa tlwaelegang
  - d Matshwao a puo a a nepagetseng: ditlhakakgolo, dikhutlo, matshwao a potso, diphegelwana, matshwao a tsiboso le ditsejwana
  - e Dirisa dipaka tse di marara jaaka pakapheti le pakajaanong ka nepagalo

## **Dira tsamaiso ya ka metlha go ithuta puo**

- Tsela e e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsotlhe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e e akantshitsweng mme e ka dirisiwa mo modikologong wa dibeke di le pedi.
  - Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
  - Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

## Tsamaiso ya beke le beke e akantshitsweng ya Kgato ya Motheo ya Puo ya Gae

DIKHUTSHWAFATSO: R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTLHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	MOKWALO	Tlhatlho e e sa tlhomamang	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
Labobedi	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso	15 metsotso			
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso			15 metsotso	
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Laboraro	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso		15 metsotso		
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso			15 metsotso	
Labone	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Labotlhano	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
			<b>7 diura</b>	<b>45 metsotso</b>	<b>4 diura</b>	<b>45 metsotso</b>	<b>1 ura</b>

A o kgona go bona gore kabo ya nako ya karolwana nngwe le nngwe e nepagetse?

## Ditirwana tse di akantshitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
  - Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
  - E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsha ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa ( go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanela.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	<b>GO REETSA LE GO BUA</b>	Ditirwana tsa molomo	<ul style="list-style-type: none"> <li>• Itsise thitokgang</li> <li>• Ruta mafoko a 3 a tlotlofoko ya thitokgang</li> <li>• Ruta pina kgotsa raeme</li> <li>• Barutwana ba oketsa ka mafoko mo dibukeng tsa bona tsa tlotlofoko</li> </ul>
	<b>MOKWALO</b>	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> <li>• Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola medumo le mafoko a a rutilweng.</li> <li>• Gape lekola mokwalo – mokwalo o o tshwaraganeng, go bopa tlhaka, ditlhakagolo le diphatlha mo gare ga mafoko.</li> <li>• Kopa barutwana go kwala mafoko a 10 a a tswang mo dithutong tsa medumopuo le mafoko a pono</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PELE GA PUIISO	<ul style="list-style-type: none"> <li>• Puiso ya pele</li> <li>• Bontsha barutwana ditshwantsho tsa kgang.</li> <li>• Ba kope go bua se se diragalang.</li> <li>• Ba kope go dira ponelopele.</li> <li>• Ba kope fa ba ka se lemoge lefelo la kgang.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	<b>GO KWALA (Tsheko ya beke 1)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> <li>• Bolelela barutwana setlhogo sa go kwala.</li> <li>• Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> <li><b>a</b> Kwala kgang ya gago kgotsa kgang e e sa tlwaelegang, kgotsa go itlhamela dipolelo di le lesome</li> <li><b>b</b> Kwala bonnye ditemana tse pedi tsa dipolelo tse 10 jaaka dikgang tsa gagwe kgotsa kgang ya maitlhamelo</li> <li><b>c</b> Kwala kgang o be o tsenye setshwantsho mo bukeng e e ka abelwang laeborari ya phaposi</li> <li><b>d</b> Kwala tshekatsheko ya buka e e bonolo</li> <li><b>e</b> Kwala bukatsatsi mo sebakeng sa beke o kwale maemo a bosa le tshedimose tso nngwe fela</li> </ul> </li> <li>• Ruta barutwana fomete ya mekgwa e e farologaneng ya go kwala pele ba e dirisa</li> <li>• Bontsha barutwana go RULAGANYA kwalo ya bona ba dirisa ditogamaano tse di farologaneng tsa pele ga go kwala. Sekai.: <ul style="list-style-type: none"> <li><b>a</b> Bua le molekane</li> <li><b>b</b> Go dira mmapa wa tlhologanyo</li> <li><b>c</b> Dirisa letlhomeso la go rulaganya</li> </ul> </li> <li>• Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa)</li> </ul>
	<b>GO KWALA (Tsheko ya beke 2)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala: GO SIAMISA	<ul style="list-style-type: none"> <li>• Kwala kwalo ya ntlha ya gago mo patitšhokong.</li> <li>• Kwala lenaane la go siamisa mo patitšhokong, a akaretsa dintlha ka ga: <ul style="list-style-type: none"> <li><b>a</b> Matshwao a puo a a nepagetseng: ditlhakakgolo, dikhutlo, matshwao a potso, diphegelwana, matshwao a tsiboso le ditsejwana</li> <li><b>b</b> Pakajaanong le pakaphethi</li> <li><b>c</b> maina, matlhaodi, lediri le matlhalosi</li> </ul> </li> <li>• Bontsha barutwana gore ba SIAMISE jang go kwala ga bona ba dirisa lenaanetekolo (go kwala ga kopanelo)</li> <li>• Bolelela barutwana go buisa le go siamisa tiro ya bona kgotsa ya molekane mme ba neye pegelo.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha 2 DITLHOPHA X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maamong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	<b>PUISO &amp; MEDUMOPUO</b>	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> <li>• Dira ka go latela lenaneo la medumopuo ya puo ya gago.</li> <li>• Ruta le go dira poeletso ya medumopuo e e tswang mo lenaneong la medumopuo.</li> <li>• Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang)</li> <li>• Ba bontshe gore ba kgaoganye le go kopanya mafoko jang.</li> <li>• Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>
	<b>MOKWALO</b>	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> <li>• Ke kakanyo e e siameng go bapisa mokwalo le medumopuo.</li> <li>• Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&amp;3 – mokwalo o o kopaneng)</li> <li>• Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo.</li> <li>• Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka.</li> <li>• Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PUIISO YA NTLHA	<ul style="list-style-type: none"> <li>• Puiso ya ntlha</li> <li>• Buisetsa barutwana kgang ka thelelo le ka maikutlo.</li> <li>• Ema go tlhalosa fa go tlhokega.</li> <li>• Ba lemosa le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> <li><b>a</b> Matshwao a puo a a nepagetseng: ditlhakagolo, dikhutlo, matshwao a potso, diphegelwana, matshwao a tsiboso le ditsejwana</li> <li><b>b</b> Pakajaanong le pakapheti</li> <li><b>c</b> Maina, matlhaodi, lediri le matlhalosi</li> </ul> </li> <li>• Morago ga puiso, botsa mefuta ya dipotso e e latelang: <ul style="list-style-type: none"> <li><b>a</b> Tlhalosa moanelwamogolo le kakanyokgolo</li> <li><b>b</b> Buisana ka tatelano ya ditiragalo, lefelo, setlholo le ditlamorago</li> <li><b>c</b> Araba mefuta e e farologaneng ya dipotso tsa maemo a a kwa godimo go tswa mo setlhangweng</li> </ul> </li> </ul>
Labobedi	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	<b>GO REETSA LE GO BUA</b>	Ditirwana tsa molomo	<ul style="list-style-type: none"> <li>• Ruta mafoko a tlotlofoko ya thitokgang a 3</li> <li>• Opela pina kgotsa bua raeme</li> <li>• Dira tirwana ya molomo e nngwe sekao: <ul style="list-style-type: none"> <li><b>a</b> Akantsha ka ditharabololo tsa bothata ba setlhangwa</li> <li><b>b</b> Kanelokgang ya maitlhamelo – Kopa barutwana go itlhamela setlhogo sa kgang mme ba abelane le ditsala tsa bona</li> <li><b>c</b> O nne le seabe mo tlhagisong ya molomo</li> <li><b>d</b> Tshitsinya mabaka a a ka refosanang le a a leng teng jaaka “Ke akanya gore go ne go ka ...”, “fa go le jalo...go ka ...”</li> <li><b>e</b> Tlotla kgang e khutshwane e e nang le poloto e e bonolo le baanelwa ba ba farologaneng</li> <li><b>f</b> Sekaseka, tshwantshanya le go bapisa tshedimosetso</li> <li><b>g</b> Reetsa le go tlhama dithamalakwane le metlae</li> <li><b>h</b> Barutwana ba oketsa ka mafoko a mantšhwa mo dibukeng tsa bona tsa tlotlofoko</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> <li>• Dira ka go latela lenaneo la medumopuo ya puo ya gago.</li> <li>• Ruta le go dira poeletso ya medumopuo go tswa mo lenaneong la medumopuo.</li> <li>• Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang)</li> <li>• Ba bontshe gore ba kgaoganye le go kopanya mafoko jang.</li> <li>• Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>



LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	<b>MOKWALO</b>	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> <li>Ke kakanyo e e siameng go bapisa mokwalo le medumopuo.</li> <li>Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&amp;3 – mokwalo o o kopaneng)</li> <li>Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo.</li> <li>Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka.</li> <li>Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul>
	<b>GO KWALA (Tsheko ya beke 1)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> <li>Gopotsa barutwana ka tiro ya go kwala.</li> <li>Kwala thulaganyo ya gago mo patitšhokong.</li> <li>Kwala letlhomeso la go kwala mo patitšhokong.</li> <li>Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo)</li> <li>Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso go dira kwalo ya ntlha ya bona.</li> </ul>
	<b>GO KWALA (Tsheko ya beke 2)</b>	Go kwala ga kopanelo le thulaganyo ya go kwala PHASALATSO LE KABELANO	<ul style="list-style-type: none"> <li>Gopotsa barutwana ka tiro ya go kwala.</li> <li>Kwala kwalo ya gago ya ntlha le ditshiamiso mo patitšhokong.</li> <li>Lebelela ditshiamiso gape.</li> <li>Bontsha barutwana gore ba ka PHASALATSA jang se ba se kwadileng ka go se kwala gape ka makgethe kwantle ga diphoso le go tsenya setshwantsho.</li> <li>Bolelela barutwana go phasalatsa tiro ya bona.</li> <li>Bolelela barutwana go abelana ka se ba se kwadileng le molekane – ba buisetsane.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>Naya setlhopha setlhangwa sa maemo a bona.</li> <li>Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	<b>PUISO &amp; MEDUMOPUO</b>	Katiso ya medumopuo	<ul style="list-style-type: none"> <li>Boeletsa medumo e mebedi e e rutilweng kgotsa e boeleditswe ka Labobedi le Laboraro.</li> <li>Dira tirwana ya medumopuo le barutwana botlhe sekai: <ul style="list-style-type: none"> <li><b>a</b> Kopanya medumo go dira mafoko</li> <li><b>b</b> Kgaoganya mafoko ka medumo.</li> <li><b>c</b> Kgaoganya mafoko ka dinoko</li> <li><b>d</b> Lemoga le go dirisa mafoko a a raemang</li> <li><b>e</b> Aga mafoko a ditlhaka tse 3, 4 and 5</li> <li><b>f</b> Peleta mafoko a dirisa kitso ya medumopuo.</li> <li><b>g</b> Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PUISO YA BOBEDI	<ul style="list-style-type: none"> <li>Puiso ya bobedi</li> <li>Buisetsa barutwana kgang ka thelelo le maikutlo.</li> <li>Morago ga puiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> <li><b>a</b> Tatelano (ke eng se se dirageletseng la ntlha, se se latelang, bokhutlo)</li> <li><b>b</b> Lefelo (kgang e diragaletse kwa kae)</li> <li><b>c</b> Kakanyo (a o ratile / ke eng se o se akantseng / jj) le go naya lebaka la kakanyo ya gago</li> <li><b>d</b> Maemo a kwa godimo (go akaretsa setlholo le ditlamorago)</li> <li><b>e</b> Dirisa dikgono tsa tshekatsheko tsa go ribolola bokao, tiriso le popego le dikgono tsa go tlhaloganya go itirela bokao</li> <li><b>f</b> Buisana ka bothata jwa kgang, ditiragalo le maitseo mo setlhangweng</li> </ul> </li> <li>Kopa barutwana go itlhamela dipotso tsa bona ka setlhangwa, mme ba botse molekane.</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>Naya setlhopha setlhangwa sa maemo a bona.</li> <li>Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	<b>GO REETSA LE GO BUA</b>	Ditirwana tsa molomo	<ul style="list-style-type: none"> <li>• Ruta mafoko a 3 a tlotlofoko ya thitokgang.</li> <li>• Opela pina kgotsa o bue raeme.</li> <li>• Dira tirwana ya molomo e nngwe sekai: <ul style="list-style-type: none"> <li><b>a</b> Baya barutwana ka ditlhopha go buisana ka setlhangwa, ba dirisa letlhomeso (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...)</li> <li><b>b</b> Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhopha mme batle ka kgang e le nngwe ya thitokgang.</li> <li><b>c</b> O nne le seabe mo tlhagisong ya molomo</li> <li><b>d</b> Tshitsinya mabaka a a ka refosanang le a a leng teng jaaka “Ke akanya gore go ne go ka ...”, “fa go le jalo...go ka ...”</li> <li><b>e</b> Tlotla kgang e khutshwane e e nang le poloto e e bonolo le baanelwa ba ba farologaneng</li> <li><b>f</b> Sekaseka, tshwantshanya le go bapisa tshedimosetso</li> <li><b>g</b> Reetsa le go tlhama dithamalakwane le metlae</li> </ul> </li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Katiso ya medumopuo	<ul style="list-style-type: none"> <li>• Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e.</li> <li>• Dira tirwana ya medumopuo le barutwana botlhe sekai: <ul style="list-style-type: none"> <li><b>a</b> Kopanya medumo go dira mafoko.</li> <li><b>b</b> Kgaoganya mafoko ka medumo le dinoko.</li> <li><b>c</b> Aga mafoko o dirisa medumo – Batla Lefoko</li> <li><b>d</b> Kwala dipolelo tsa gagwe a dirisa mafoko a medumopuo.</li> <li><b>e</b> Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.</li> </ul> </li> </ul>

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	<b>PUISO &amp; MEDUMOPUO</b>	Puisokopanelo PUISO YA MORAGO	<ul style="list-style-type: none"> <li>• Puiso ya morago</li> <li>• Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai: <ul style="list-style-type: none"> <li><b>a</b> Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng.</li> <li><b>b</b> Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2–3 gore kgang e ne e bua ka ga eng.</li> <li><b>c</b> O dira jaaaka ekete o dira dipotsottherisano le moanelwa mo kgannyeng.</li> <li><b>d</b> O bua ka kgang</li> <li><b>e</b> O oketsa ka mafoko le ditlhaloso mo thanoding.</li> </ul> </li> <li>• O dira ditlhagiso tsa molomo ka kgang</li> <li>• O anela kgang a dirisa puo e e tlhalosang, mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego</li> <li>• Tlhagisa maikutlo le dikakanyo ka ga setlhangwa o bo a neele mabaka</li> </ul>
	<b>PUISO &amp; MEDUMOPUO</b>	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> <li>• Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi)</li> <li>• Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE.</li> <li>• Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang)</li> <li>• Boeletsa medumopuo le mafoko a pono le setlhopha.</li> <li>• Naya setlhopha setlhangwa sa maemo a bona.</li> <li>• Reetsa morutwana mongwe le mongwe a buisa ka nosi.</li> </ul>

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

### **DITIRWANA TSA MOLOMO**

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

### **MEDUMOPUO & MOKWALO**

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

### **PUISOKOPANELO**

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

### **GO KWALA**

Beke 1 Mosupologo: Go rulaganya

Beke 1 Laboraro: Kwalo ya ntlha

Beke 2 Mosupologo: Go siamisa

Beke 2 Laboraro: Go phasalatsa le kabelano

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?



# Medumopuo le Puisokaelo ka ditlhopha



Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgona go buisa!

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:

**1 Go netefatsa gore o na le lenaneo la medumopuo le le feletseng, le akaretsa medumo yotlhe ya puo ya gago.**

- Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgaolo kgotsa sekolo sa gago.

**2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:**

- Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
- Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
- Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
- Buisa setlhangwa se se akaretsang mafoko a a dirisang modumo.
- Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

- 1** Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.
- 2** Bitsa setlhopha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.
- 3** Leka go reetsa barutwana ba ba kgaratlhang ba buisa bonnye gabedi kgotsa gararo mo bekeng.
- 4** Dirisa setlhangwa sa maemo a a tshwanetseng – ka ditlhopha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.
- 5** Fa o dira le setlhopha, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 6** Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thuse go le dumisa. O seka wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.
- 7** Ka nako ya puisokaelo ka ditlhopha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhopha se se nnye.

**NTLHA:**

- Ga go na makgonatsotlhe' kgotsa 'mokgwa wa ka bonako' wa go thusa barutwana 23 aba kgaratlhang.
- O tshwanetse go inaya nako ya go dira le barutwana ba ka bongwe kgotsa ka ditlhopha tse dinnye segolobogolo letsatsi lengwe le lengwe
- Ba tlhoka nako e ntsi ya go ikatisetsa ditirwana di le dingwe tsa temogo ya medumopuo le medumopuo botlhe ka mo phaposing
- E ke nngwe ya karolo e e botlhokwa ya morutabana wa kgato ya motheo

# Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go bothokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.

## Ela tlhoko:

- ATP ya Mophato wa 3 Kgweditharo ya 2 e tlhalosa gore barutwana ba tshwanetse go itse:
  - Lemoga gore medumo mengwe e ka emelwa ke tlhopho ya mepeleto e e farologaneng, sekao.:
    - podi le pula
  - Lemoga gore mopeleto o o tshwanang o ka emela modumo o o farologaneng: sk.: noka [noka e a tshologa]; [Mme o tshwerwe ke noka]
  - Dirisa mafoko a a kapodisiwang/dumisiwang ka go tshwana mo dipolelong tse di kwadilweng mme a na le bokao jo bo farologaneng (makwalotshwano) sekao: Nama mo go: Mme o ja nama / Nama maoto
  - Leka go netefatsa gore barutwana ba gago ba itse medumo e

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-ts-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhapa	tlh-o-k-a = tlhoka	tlh-o-l-a = tlhola	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tlh-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-kw-a-n-e = lookwane	m-oo-n-o = moonoo	
ii	t-ii-l-e = tiile	s-ii-lw-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feela	s-ee-l-ee-l-e = seelele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	



MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlwa	tlw-a-e-ts-e = tlwaetse	
ntlh	ntlh-o-k-a = ntlhoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-ng = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-ng = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omanngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentswe	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-ny-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlhw-a = tlhwatlhwa	m-o-tlhw-a = motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntwana	ntw-e-l-a = ntwela	ntw-a-ntsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



# Morulaganyi & Letlhomeo la tiro la Mosupatsela

- Morulaganyi wa kharikhulamo le Mosupatsela o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

## **DBE ATP**

- Simolola ka dibeke tse 2–3 tsa tlwaetso / tthatlhobo ya motheo.
- Morago ga foo, go na le morulanyi 5 x e e sa kwalelang le mosupatsela, tse o ka di dirisang go rulaganya le go sala morago morago tiro ya kharikhulamo e o e dirileng mo kgweditharong.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 2

*Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1–3 la NECT le teng go ka itseelwa mo go: [www.nect.org.za](http://www.nect.org.za)*

### Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	

## Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	

### Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	



### Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	

### Thitokgang 5:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
<b>KA MOLOMO</b>	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
<b>MEDUMOPUO</b>	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
<b>MOKWALO</b>	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

<b>Tirwana</b>	<b>Beke 1</b>	<b>Tekolo</b>	<b>Beke 2</b>	<b>Tekolo</b>
<b>PUISOKOPANELO</b>	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
<b>GO KWALA</b>	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
<b>PUISOKAELO KA DITLHOPHA</b>	DINTLHA:		DINTLHA:	



# Lenaneo la tlhatlhobo

## Tlhatlhobo ya go ithuta

- **Lenaanetekolo** le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kगतong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3**.
- Ga gona tsele ya ka bonako e e bonolo go latela 'Tlhatlhobo ya go lthuta,' kgotsa 'Tlhatlhobo e e Tlhomameng.'
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
  - Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
  - Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
  - Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe**.
  - Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelotlhoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlho tsa bona.

## Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

<b>DIKGONO TSA TLHALOGANYO</b>	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhopha.	
O tlhoma mogopolo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwetlhong – ga a ineele	
<b>GO REETSA LE GO BUJA</b>	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
<b>TEMOGO YA MEDUMOPUO LE MEDUMOPUO</b>	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhe e rutilweng (o ithuta kamano ya ditlhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	

<b>PUISO</b>	✓
Ka metlha o leka go dumisa mafoko a mantšhwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
<b>GO TLHALOGANYA</b>	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhangwa se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di botlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšhwa.	
<b>MOKWALO</b>	✓
O tshwara phensele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgona go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgona go fetsa ditiro ka nako e e neetsweng.	
<b>GO KWALA</b>	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

## Tlhatlhubo ya go Ithuta

- O ka itlhophela go **dira tlhatlhubo e e tlhomameng ya gago** (Tiro ya Tlhatlhubo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlhabolotsweng ya CAPS**.
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhubo e e Tlhomameng** ya Kgweditharo 2 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akareditswe mo o ka tsenyang dipholo tsa barutwana tsa tlhatlhubo tsa karolwana nngwe le nngwe ya puo.

## Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se, se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhuba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
  - O ka itlhophela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhubo.
  - Kgotsa, o ka itlhophela go naya morutwana mongwe le mongwe maduo.

**SEKAI:**

- a** Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b** O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3–4. Fela, o na le MAEMO 1 / SELEKANYO 1–2 maduo. Ka jalo, o mo naya **Selekanyo sa 3**.
- c** Go tsweng foo, o dira maduo a gagwe go ya ka maduo a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3**.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
<b>TEKANYETSO 1</b>	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (2) ✗	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4–5)
<b>TEKANYETSO 2</b>	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (2) ✗	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (4–5)
<b>TEKANYETSO 3</b>	Ga go na pharologano ya segalo le modumo wa lentswe kgotsa morujswana ga a utlwagale. (1) ✗	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puiso ya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puiso ya gagwe e na le matswela a magolo. (4)

**Go fetola**

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1–7 ka go arola ka 2.

**Re solofela fa kaedi e ya tlhatlhobo e tla go tswela mosola**

- *Go botlhokwa go gopola gore ditiro tsa ditlhatlhobo tse le mekgwa ya go bala ke dikakantsho.*
- *Ka kopo ikobebe melao ya ditlhokego tsa tlhatlhobo ya porofense kgotsa kgaolo ya gago.*





## Mophato 3 Kgweditharo 2: Sekai sa Tlhatlhubo e e Tlhomameng

2.1: GO REETSA LE GO BUA	
<b>MAIKAELELO</b>	<b>Nna le seabe mo tlhagisong ya molomo go tlhalosa le go bapisa sediriswa (bontsha o bue).</b>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Se, se ka diriwa ka nako nngwe le nngwe go simolola ka beke ya 5 go ya go beke ya 8</li> <li>• Dira se ka Laboraro kgotsa Labotlhano ka nako ya Tirwana ya Molomo</li> <li>• Kgotsa ka Labotlhano ka nako ya Puisokopanelo: Tirwana ya Morago ga Puiso</li> <li>• Dirisa puo e e tlhalosang</li> <li>• Dirisa mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>• Bolelela barutwana go ipaakanyetsa tlhagiso ya molomo.</li> <li>• Tlhalosa gore ba tshwanetse go tla le sediriswa go tswa kwa gae go bua ka sona.</li> <li>• Sa ntlha, ba tshwanetse go bua gore sediriswa ke eng mme ba se bontshe barutwana ka mo phaposing</li> <li>• Sa bobedi, ba tshwanetse go tlhagisa maikaelelo ka sediriswa</li> <li>• Sa boraro, ba tshwanetse go tlhalosa sediriswa go ya ka bogolo, popego le mmala.</li> <li>• Kwa bofelong, ba tshwanetse go bapisa sediriswa go ya ka: (sengwe le sengwe se se maleba): bogolo; popego; mmala; go ratega; maikaelelo; tiragatso</li> <li>• O ka rata go naya barutwana letlhomeso le le latelang go dira ka lona: <ul style="list-style-type: none"> <li>• <b>Sediriswa sa me ke...</b></li> <li>• <b>Maikaelelo a sona ke go...</b></li> <li>• <b>Ke se se...(bogolo, popego, mmala)</b></li> <li>• <b>Fa go bapiswa le..., ke...</b></li> </ul> </li> <li>• Bolelela barutwana gore fa ba dira tlhagiso ya bona, ba tshwanetse gore b abo ba ipaakantse, ba tshwanetse go utlwagala mme ba seka ba okaoka kgotsa ba boeletsa se ba se buileng.</li> <li>• Mo dinakong tse di tlhophilweng, bitsa barutwana go tlhagisa didiriswa tsa bona ka mo phaposing.</li> <li>• Tlhatlhuba morutwana mongwe le mongwe o dirisa ruburiki e e fatlase.</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>IIPAANYETSO</b>	Morutwana ga a ipaakanya e bile o tlhophile sediriswa 'se se bonweng' go se tthalosa. Morutwana o kgaratlhela go tlatla letlhomeso (1-2)	Morutwana o ipaakantse e bile o tlile le sediriswa go se tthalosa. Morutwana o kgaratlhela go bapisa sediriswa. (3-4)	Morutwana o ipaakantse e bile o tlile le sediriswa go se tthalosa.. Morutwana o bapisa fela sediriswa le se sengwe ka tsela e 1-2 (5-6)	Morutwana o ipaakantse e bile o tlile le sediriswa go se tthalosa.. Morutwana o bapisa sediriswa le se sengwe ka ditsela tse 2 le go feta. (7)
<b>TIRISO YA LENTSWE</b>	Lentswe la morutwana ga le utlwagale. (1)	Lentswe la morutwana le a utlwagala go le gantsi.(2)	Lentswe la morutwana le a utlwagala (3)	
<b>THELELO</b>	Morutwana o a okaoka go le gantsi, o ikhutsa lebaka le le lee kgotsa o boeletsa se a se buileng. (1)	Morutwana o a okaoka gangwe le gape, ka dinako dingwe o a ikhutsa kgotsa o boeletsa se a se buileng (2)	Tlhagiso ya morutwana go le gantsi e a relela mme o okaoka gangwe kgotsa gabedi, go ikhutsa kgotsa go boeletsa. (3)	Tlhagiso ya morutwana e a relela e bile o a itshepa. (4)

2.2: MEDUMOPUO	
<b>MAIKAELELO</b>	<b>O bopa mafoko ka ditumammogo tse di pataganeng Peleta mafoko ka nepo o dirise kitso ya medumopuo mo ditekong tse di sa tlhomamang, mo piletsong le mo ditirong tsotlhe tse di kwalwang</b>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Dira se, ka beke ya 7 kgotsa ya 8, ka nako ya dithuto tsa medumopuo kwa bofelong ba beke.</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>• Dira teko ya mopeleto wa mafoko a 12 a a nang le ditumanosi le ditumammogo tsa ditlhaka tse pedi le tse tharo tse di rutilweng kgotsa di boelleditswe mo kgweditharong ya 2</li> <li>• Go tsweng foo, dira piletsong ya polelo ya mafoko a 8 e e nang le mopeleto o o tshwanang o ka emela modumo o o farologaneng wa kgweditharo ya 2 sekai: .: sk. noka [noka e a tshologa]; [Mme o tshwerwe ke noka]</li> <li>• Bolelela barutwana go dira poeletso ya mafoko otlhe a mopeleto a a dirilweng ka nako ya medumopuo mo kgweditharong</li> <li>• Baya barutwana mo maemong a go ka kwala teko. Ba laele go kwala letlha le setlhogo, mme ba kwale dipalo 1-6 fa thoko ga mothalo o mohibidu, 7-12 ba di simolole mo bogareng ba buka.</li> <li>• Go tsweng foo, bitsa mafoko a mopeleto a 12. Bolelela barutwana go kwala lefoko fa thoko ga palo e e nepagetseng kgotsa ba thale mothalo fa ba palelwa ke go kwala lefoko</li> <li>• Kwa bofelong, bolelela barutwana go kwala polelo fa o ba biletsa yona. Buisa polelo gangwe ka lebelo le le lekanetseng gore barutwana ba go utlwe. Go tsweng foo, buisa polelo ka manathwana, go naya barutwana nako ya go kwala mafoko.</li> <li>• Phutha dibuka tsa barutwana mme o di tshwaye.</li> <li>• Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>O BOPA MAFOKO KA DITUMAMMOGO LE DITUMANOSI TSE DI PATAGANENG / LE TSA DITLHAKA TSE THARO</b>	Morutwana o bopa mafoko a a magareng ga 0-3 ka nepagalo (1-2)	Morutwana o bopa mafoko a a magareng ga 4-6 ka nepagalo (3-4)	Morutwana o bopa mafoko a a magareng ga 7-9 ka nepagalo (5-6)	Morutwana o bopa mafoko a a magareng ga 10-12 ka nepagalo (7)
<b>PILETSO</b>	Morutwana o dirile diphoso tse 5 kgotsa go feta mo piletsong ya polelo. (1-2)	Morutwana o dirile diphoso tse 3-4 kgotsa go feta mo piletsong ya polelo. (3-4)	Morutwana o dirile diphoso tse 1-2 kgotsa go feta mo piletsong ya polelo. (5-6)	Morutwana ga a dira diphoso mo piletsong ya polelo. (7)

<b>2.3: PUIISO</b>	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>• O buisetsa kwa godimo go tswa mo bukeng ka bokgoni jwa gagwe jwa go buisa.</li> <li>• O dirisa mafoko a pono, medumopuo, ditiragalo le thulaganyo ya go sekaseka dikgono tsa go dumisa mafoko.</li> <li>• Buisa ka thelelo e e oketsegileng</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Se se ka diriwa nako nngwe le nngwe go simolola ka beke 6 go ya go beke 8</li> <li>• Dira se ka nako ya puisokaelo ka ditlhopha</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>• Ka nako ya puisokaelo ka ditlhopha, bitsa morutwana mongwe le mongwe wa setlhopha go tla go go buisetsa ka nosi.</li> <li>• Kopa morutwana go buisetsa kwa godimo go tswa mo setlhangweng sa bokgoni jwa bona jwa go buisa. Netefatsa gore setlhangwa se akaretsa mafoko a a dumisegang.</li> <li>• Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>THELELO</b>	Morutwana o a okaoka fa a buisa., o a didimala fa a fitlha mo mafokong ao a sa a itseng kgotsa o a a tlola mme o boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana o buisa a ntse a ikhutsa kgotsa a belaela. Morutwana o na le dikarolo tsa puiso tse di mo paledisang go tswela. (2)	Morutwana o buisa a ntse a ikhutsa ka moribo. Morutwana o na le dikgwetlho ka mafoko a a rileng kgotsa popego ya polelo. (3)	Morutwana o buisa ka thelelo mme a ikhutsa gongwe. Morutwana o kgona go itshiamisa fa a buisa mafoko a a marara / polelo kgotsa popego ya polelo. (4-5)
<b>DIKGONO TSA GO DUMISA MAFOKO</b>	Morutwana o tlhoka tshegetso e ntsi ya medumopuo mo go morutabana go buisa lefoko le a sa le itseng. Morutwana o kgaratlhela go kgaoganya mafoko ka dinoko kgotsa medumo. Morutwana o itse mafoko a le mmalwa a pono le a a tlhagelelang kgapetsa. (1)	Morutwana o leka go buisa mafoko ao a sa a itseng fela o a kgaratlha. Morutwana o leka go dirisa medumopuo fela o tlhoka tshegetso go tswa go morutabana. Morutwana o itse mangwe a mafoko a pono le a a tlhagelelang kgapetsa. (2)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng fela o tlhoka thuso ka dinako dingwe go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a le mantsi (3)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng mme o kgona go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a a rutilweng otlhe (4-5)

2.4: GO TLHALOGANYA	
<b>MAIKAELELO</b>	<p><b>Reetsa le go dira ka setlhangwa le go:</b></p> <ul style="list-style-type: none"> <li>• Araba dipotso tse di tlhamaletseng ka dintlha tsa setlhangwa</li> <li>• O dira diponelopele</li> <li>• O baya tatelano ya ditiragalo ka nepagalo</li> <li>• O dira diphopholetso tsa kitso</li> <li>• O dira ditshekatsheko</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>• Se, se ka dirwa nako nngwe le nngwe go simolola ka beke ya 6 go ya go ya 8</li> <li>• Dira se ka Labotlhano ka nako ya Tirwana ya Molomo: Puisano ya Puisokopanelo kgotsa ka Labotlhano ka nako ya puisokopanelo: Tirwana ya morago ga puiso</li> </ul>
<b>TIRWANA</b>	<ol style="list-style-type: none"> <li>1 Dirisa kgang ya puisokopanelo ya beke e e fetileng</li> <li>2 Ritibatsa barutwana gore ba fetse tiro e</li> <li>3 Go tsweng foo, biletsa barutwana ka bongwe kwa tafoleng ya gago go dira tlhatlhobo.</li> <li>4 Kopa barutwana go araba 1–2 ya nngwe le nngwe ya mefuta ya dipotso ka ga setlhangwa: <ul style="list-style-type: none"> <li><b>Dipotso tse di tlhamaletseng ka dintlha</b></li> <li>1 Mang..?</li> <li>2 Eng...?</li> <li>3 Leng...?</li> <li>4 Jang...?</li> <li>5 Kae?</li> <li><b>Dira ponelopele</b></li> <li>1 O akanya gore go tla diragala eng se se latelang? Goreng?</li> <li>2 O akanya gore kgang e tla fela jang? Goreng?</li> <li><b>Tatelano</b></li> <li>1 Go diragetse eng kwa tshimologong ya kgang?</li> <li>2 Go diragetse eng kwa bokhutlong jwa kgang?</li> <li>3 Go diragetse eng morago ...?</li> <li>4 Go diragetse eng la ntlha: ...kgotsa...?</li> <li><b>Phopholetso ya kitso</b></li> <li>1 O ka fopholetsa eng ka....go tswa go....?</li> <li>2 O akanya jang ka....?</li> <li>3 Goreng o akanya gore...?</li> <li><b>Ditshekatsheko</b></li> <li>1 A o akanya gore se, e ne e le selo se sentle go se dira? Goreng go le jalo kgotsa go se jalo?</li> <li>2 A o akanya gore se, e ne e le selo se se sa siamang go se dira? Goreng go le jalo kgotsa go se jalo?</li> <li>3 A o ka dira tsheka tsheko ka (moanelwa/banelwa) ditiro?</li> </ul> </li> </ol>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1-2</b>	<b>MAEMO 2 SELEKANYO 3-4</b>	<b>MAEMO 3 SELEKANYO 5-6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>DIPOTSO TSE DI TLHAMALETSENG TSA DINTLHA</b>	Morutwana o kgona go gopola ntlha e le nngwe ya kgang. (1)	Morutwana o kgona go gopola dintlha dingwe tsa kgang fa a botsolotswa. (2)	Morutwana o kgona go gopola dintlha tsotlhe tsa kgang fa a botsolotswa. (3)	Morutwana o kgona go gopola dintlha tsotlhe tsa kgang ka bonako, thelelo le ka nepagalo. (4)
<b>PONELOPELE</b>	Morutwana o kgaratlha go dira ponelopele e le nngwe e e amogelesegang e bile ga a kgone go buelela karabo ya gagwe. (1)	Morutwana o dira ponelopele e le nngwe e e amogelesegang e bile o kgona go e buelela karabo ya gagwe. (2)		
<b>TATELANO</b>	Morutwana ga a kgone go dira tatelano ya ditiragalo go tswa mo setlhangweng, le ka tshegetso. (1)	Morutwana o kgona go dira tatelano ya ditiragalo go tswa mo setlhangweng ka tshegetso (2)	Morutwana o dira tatelano ya ditiragalo ka nepagalo go tswa mo setlhangweng fela o tsaya nako. (3)	Morutwana o dira tatelano ya ditiragalo tsotlhe ka bonako le ka nepagalo go tswa mo setlhangweng. (4)
<b>PHOPHOLETSO YA KITSO</b>	Morutwana o kgaratlha go dira diphopholetso tsa kitso ka ga moanelwa kgotsa tiragalo ya kgang, le fa a tshegediwa. (1)	Morutwana o dira diphopholetso tsa kitso tse di amogelesegang ka ga moanelwa kgotsa tiragalo ya kgang, kwantle ga tshegetso. (2)		
<b>DITSHEKATSHEKO</b>	Morutwana o kgaratlha go sekaseka moanelwa kgotsa tiragalo ya kgang le fa e newa tshegetso.(1)	Morutwana o kgona go sekaseka moanelwa kgotsa tiragalo ya kgang kwantle ga tshegetso. (2)		

<b>2.5: MOKWALO</b>	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>Bopa ditlhakagolo le ditlhakanye tsotlhe ka nepagalo le ka gangwe mo mokwalong o o tshwaraganeng</li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>Dira se o dirisa thuto ya mokwalo ya dibeke 5–6 kgotsa dibeke 7–8</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>Dira dithuto tsa mokwalo jaaka metlha.</li> <li>Fa barutwana ba kopolola go tswa mo patitšhokong, tsamayatsamaya mme o ba ele tlhoko.</li> <li>Phutha dibuka tsa barutwana kwa bofelong ba thuto.</li> <li>Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

<b>RUBURIKI</b>	<b>MAEMO 1 SELEKANYO 1–2</b>	<b>MAEMO 2 SELEKANYO 3–4</b>	<b>MAEMO 3 SELEKANYO 5–6</b>	<b>MAEMO 4 SELEKANYO 7</b>
<b>MOKWALO</b>	Morutwana o kgaratlha go kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo ba ditlhaka tsa mokwalo wa gagwe ga bo lekane ebile popo ya ditlhakanye le ditlhakagolo ga e a nepagala. Ga a bule diphatlha magareng ga mafoko ka dinako tsotlhe (1–2)	Morutwana o kgaratlha ka dinako dingwe go kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Ka dinako dingwe bogolo ba ditlhaka tsa mokwalo wa gagwe ga bo lekane le popo ya ya ditlhakanye le ditlhakagolo ga e a nepagala ka dinako dingwe. Ga a bule diphatlha magareng ga mafoko ka dinako dingwe. (3–4)	Morutwana go le gantsi o kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo le popo ya ya ditlhakanye le ditlhakagolo tsa gagwe di a tswana e bile di nepagetse. O tlogela diphatlha mo magareng ga mafoko ka dinako tsotlhe. (5–6)	Morutwana o kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo le popo ya ya ditlhakanye le ditlhakagolo tsa gagwe di a tswana e bile di nepagetse. O tlogela diphatlha mo magareng ga mafoko ka dinako tsotlhe. (7)

2.6: GO KWALA	
<b>MAIKAELELO</b>	<ul style="list-style-type: none"> <li>Kwala kgang ya gago kgotsa kgang e e sa tlwaelegang kgotsa go itlhamela/ tlhamo ya dipolelo di le lesome.</li> <li><b>Buisa le go siamisa kwalo ya gagwe.</b></li> </ul>
<b>TIRISO</b>	<ul style="list-style-type: none"> <li>Dira se o dirisa thuto ya go kwala ya dibeke 3–4, dibeke 5–6, kgotsa dibeke 7–8.</li> <li>Dira se, le dithuto tsa go kwala ka Laboraro, mo bekeng ya 6 kgotsa ya 8.</li> </ul>
<b>TIRWANA</b>	<ul style="list-style-type: none"> <li>Dira thuto ya go kwala jaaka metlha.</li> <li>Phutha dibuka tsa barutwana kwa bofelong ba tsheko ya go kwala.</li> <li>Tlhatlhoba mokwalo le go kwala ga morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</li> </ul>

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
<b>GO KWALA: TSHIMOLOGO</b>	Kakanyo e marara go e tlhaloganya kgotsa ga se ya gagwe – o kopisitse sekai sa morutabana. (1)	Kakanyo ya gagwe e a tlhaloganyesega e bile o itshimoletse yona fela e tshwana le sekai (2)	Kakanyo ya gagwe ke ya maikutlo a gagwe e bile o itshimoletse yona. (3)	Kakanyo ya gagwe ke ya maikutlo a gagwe o itshimoletse yona e bile o botlhami. (4–5)
<b>GO KWALA: BOLEELE LE POPO</b>	Morutwana o kwadile dipolelo tse di ka fa tlase ga 6 tse di nepagetseng. (1)	Morutwana o kwadile dipolelo tse 6–7 tse di nepagetseng. (2)	Morutwana o kwadile dipolelo tse 8–9 tse di nepagetseng. (3)	Morutwana o kwadile dipolelo tse 10 kgotsa go feta tse di nepagetseng. (4–5)
<b>MATSHWAO A PUO</b>	Morutwana o kgaratlha go dirisa ditlhakakgolo le dikhutlo, diphegelwana le matshwao a tsiboso ka dinako tsotlhe le ka nepagalo. (1)	Morutwana o dirisa ditlhakakgolo le dikhutlo ka nepagalo mme o na le bothata ka matshwao a mangwe a puo. (2)	Morutwana o dirisa matshwao otlhe a puo a a rutilweng ka botlalo fela o dira diphoso ka dinako dingwe. (3)	Morutwana o dirisa matshwao otlhe a puo a a rutilweng ka botlalo e bile o dira diphoso ka sewelo. (4–5)